



TOWPATH TRAIL YMCA WATER FITNESS

POOL SCHEDULE

**APRIL 1st – April 22nd
(23rd – 30th Reverse Side)**

Welcome Fairless Elementary 3rd Graders!



MONDAY

- 6:00a-7:00a \$\$ Masters Swim Practice
- 7:00a-8:45a **LAP SWIM ONLY**
- 9:00a-9:50a * SilverSneakers® Splash w/Heather
- 10:00a-11:00a **LAP SWIM ONLY**
- 11:00a-12:00p \$\$ Youth Swim Lessons
- 12:00p-1:00p **LAP SWIM ONLY**
- 1:00p-4:15p **LAP & OPEN SWIM**
- 4:30p-5:30p \$\$ Swim Team Training
- 6:00p-6:50p * Water Blast w/Karen
- 7:00p-8:00p **LAP & OPEN SWIM**

TUESDAY

- 6:00a-8:45a **LAP SWIM ONLY**
- 9:00a-9:50a * Water Blast w/Carol
- 10:00a-11:00a **LAP SWIM ONLY**
- 11:00a-12:00p **OPEN SWIM**
- 12:00p-1:00p **LAP SWIM ONLY**
- 1:00p-1:50p * SilverSneakers® Splash w/Stacey
- 2:00p-5:15p **LAP & OPEN SWIM**
- 5:30p-6:15p \$\$ Youth Swim Lessons
- 6:30p-8:00p **LAP & OPEN SWIM**

WEDNESDAY

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THURSDAY

- 6:00a-8:45a **LAP SWIM ONLY**
- 9:00a-9:50a * Water Blast w/Carol
- 10:00a-12:00p Preschool Class Swim
- 12:00p-1:00p **LAP SWIM ONLY**
- 1:00p-5:15p **LAP & OPEN SWIM**
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