



# Gymnasium

## Gymnasium @ Massillon Family YMCA

### June 1st - June 30th

131 Tremont Ave SE  
Massillon, OH 44646  
(330) 837-5116

	MON	TUE	WED	THU	FRI	SAT	SUN
5am	<b>Open Gym</b> 5:45am - 8:30am	<b>Open Gym</b> 5:45am - 8:30am	<b>Open Gym</b> 5:45am - 8:30am	<b>Open Gym</b> 5:45am - 8:30am	<b>Open Gym</b> 5:45am - 9am		
7am						<b>Open Gym</b> 7am - 11:45am	
8am	<b>Preschool Gym Time</b> 8:30am - 9:30am	<b>Preschool Gym Time</b> 8:30am - 9:30am	<b>Preschool Gym Time</b> 8:30am - 9:30am	<b>Preschool Gym Time</b> 8:30am - 9:30am			
9am	<b>Open Gym</b> 9:30am - 11am	<b>Open Gym</b> 9:30am - 11am	<b>Open Gym</b> 9:30am - 11am	<b>Open Gym</b> 9:30am - 11am	<b>Cycling (\$)</b> 9am - 10am		
10am					<b>Open Gym</b> 10am - 11:45am		
11am	<b>Preschool Gym Time</b> 11am - 11:45am	<b>Preschool Gym Time</b> 11am - 11:45am	<b>Preschool Gym Time</b> 11am - 11:45am	<b>Preschool Gym Time</b> 11am - 11:45am	<b>Adult Pick-Up Games</b> 11:45am - 2:30pm	<b>Adult Pick-Up Games</b> 11:45am - 2:30pm	
	<b>Adult Pick-Up Games</b> 11:45am - 2:30pm	<b>Adult Pick-Up Games</b> 11:45am - 2pm	<b>Adult Pick-Up Games</b> 11:45am - 2:30pm	<b>Adult Pick-Up Games</b> 11:45am - 2pm			
2pm	<b>Open Gym</b> 2:30pm - 4pm	<b>Open Gym</b> 2pm - 4pm	<b>Open Gym</b> 2:30pm - 4pm	<b>Open Gym</b> 2pm - 4pm	<b>Open Gym</b> 2:30pm - 4pm	<b>Open Gym</b> 2:30pm - 3:45pm	
4pm	<b>Child Care Gym Time</b> 4pm - 5pm	<b>Child Care Gym Time</b> 4pm - 5pm	<b>Child Care Gym Time</b> 4pm - 5pm	<b>Child Care Gym Time</b> 4pm - 5pm	<b>Child Care Gym Time</b> 4pm - 5pm		
5pm	<b>Open Gym</b> 5pm - 9:15pm	<b>Open Gym</b> 5pm - 7pm	<b>Open Gym</b> 5pm - 9:15pm	<b>Open Gym</b> 5pm - 7pm	<b>Open Gym</b> 5pm - 9:15pm		
7pm		<b>Adult Pick-Up Games</b> 7pm - 9:15pm		<b>Adult Pick-Up Games</b> 7pm - 9:15pm			

Please note that all classes are subject to change due to demand and participation. For your safety, it is recommended you consult your physician prior to starting any exercise program.