



Gymnasium
Gymnasium @ Massillon Family YMCA
 August 1st - August 20th

131 Tremont Ave SE
 Massillon, OH 44646
 (330) 837-5116

	MON	TUE	WED	THU	FRI	SAT	SUN
5am	Open Gym 5:45am - 8:30am	Open Gym 5:45am - 8:30am	Open Gym 5:45am - 8:30am	Open Gym 5:45am - 8:30am	Open Gym 5:45am - 9am		
7am						Open Gym 7am - 11:45am	
8am	Preschool Gym Time 8:30am - 9:30am	Preschool Gym Time 8:30am - 9:30am	Preschool Gym Time 8:30am - 9:30am	Preschool Gym Time 8:30am - 9:30am			
9am	Open Gym 9:30am - 11am	Open Gym 9:30am - 11am	Open Gym 9:30am - 11am	Open Gym 9:30am - 11am	Cycling (\$) 9am - 10am		
10am					Open Gym 10am - 11:45am		
11am	Preschool Gym Time 11am - 11:45am	Preschool Gym Time 11am - 11:45am	Preschool Gym Time 11am - 11:45am	Preschool Gym Time 11am - 11:45am	Adult Pick-Up Games 11:45am - 2:30pm	Adult Pick-Up Games 11:45am - 2:30pm	
	Adult Pick-Up Games 11:45am - 2:30pm	Adult Pick-Up Games 11:45am - 2pm	Adult Pick-Up Games 11:45am - 2:30pm	Adult Pick-Up Games 11:45am - 2pm			
2pm	Open Gym 2:30pm - 4pm	Open Gym 2pm - 4pm	Open Gym 2:30pm - 4pm	Open Gym 2pm - 4pm	Open Gym 2:30pm - 4pm	Open Gym 2:30pm - 3:45pm	
4pm	Child Care Gym Time 4pm - 5pm	Child Care Gym Time 4pm - 5pm	Child Care Gym Time 4pm - 5pm	Child Care Gym Time 4pm - 5pm	Child Care Gym Time 4pm - 5pm		
5pm	Open Gym 5pm - 9:15pm	Open Gym 5pm - 7pm	Open Gym 5pm - 9:15pm	Open Gym 5pm - 7pm	Open Gym 5pm - 9:15pm		
7pm		Adult Pick-Up Games 7pm - 9:15pm		Adult Pick-Up Games 7pm - 9:15pm			

Please note that all classes are subject to change due to demand and participation. For your safety, it is recommended you consult your physician prior to starting any exercise program.