



TOWPATH TRAIL YMCA WATER FITNESS

FEBRUARY 2018 POOL SCHEDULE

* Aqua Aerobic classes for ages 14+

February 23rd – February 28th
 (February 1st – 22nd on Reverse Side)

Pool Closed:
Saturday, February 24th for the
3rd Annual Swim-A-Thon



Great Job Fairless 3rd Graders!

MONDAY

- 6:00a-7:00a \$\$ Masters Swim Practice
- 7:00a-8:45a **LAP SWIM ONLY**
- 9:00a-9:50a * SilverSneakers® Splash w/Heather
- 10:00a-11:00a **LAP SWIM ONLY**
- 11:00a-12:00p **OPEN SWIM**
- 12:00p-1:00p **LAP SWIM ONLY**
- 2:00p-4:30p **LAP & OPEN SWIM**
- 4:30p-5:30p \$\$ Swim Team Training
- 6:00p-6:50p * Water Blast w/Karen
- 7:00p-8:00p **LAP & OPEN SWIM**

TUESDAY

- 6:00a-8:45a **LAP SWIM ONLY**
- 9:00a-9:50a * Water Blast w/Carol
- 10:00a-11:00a **LAP SWIM ONLY**
- 11:00a-12:00p **OPEN SWIM**
- 12:00p-1:00p **LAP SWIM ONLY**
- 1:00p-1:50p * SilverSneakers® Splash w/Stacey
- 2:00p-5:15p **LAP & OPEN SWIM**
- 5:30p-6:15p \$\$ Youth Swim Lessons
- 6:30p-8:00p **LAP & OPEN SWIM**

WEDNESDAY

- 6:00a-8:45a **LAP SWIM ONLY**
- 9:00a-9:50a * SilverSneakers® Splash w/Stacey
- 10:00a-11:00a **LAP SWIM ONLY**
- 11:00a-12:00p Preschool Class Swim
- 12:00p-1:00p **LAP SWIM ONLY**
- 1:00p-1:45p \$\$ Adult Swim Lessons
- 2:00p-4:30p **LAP & OPEN SWIM**
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THURSDAY

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- 5:30p-6:15p \$\$ Youth Swim Lessons
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SATURDAY

- 7:00a-8:15a **LAP SWIM ONLY**
- 8:30a-11:00a \$\$ Youth Swim Lessons
- 11:00a-11:50a Aqua Zumba
- 12:00p-12:45p \$\$ Sensory Swim
- 1:00p-4:30p **LAP & OPEN SWIM**

Pool Closed February 24th for Swim-A-Thon

SUNDAY

- 12:00p-1:00p **LAP SWIM ONLY**
- 1:00p-4:30p **OPEN SWIM**



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Fairless 3rd Graders are learning to swim!
Visit our Facebook page for pictures!



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REGISTER NOW!

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